

Your Guide to Columbine Health Systems



It Matters That We Care™

Welcome



Bob Wilson joined a construction crew working on an addition to the Columbine Care Center on Parker Street in Fort Collins in 1970. Bob discovered he really enjoyed interacting with the residents and took a job as maintenance man for the facility. However, the facility soon fell into bankruptcy and those handling the receivership hired Bob to become administrator of the failing facility.

Bob borrowed a suit coat and cut his hair and went to work as the administrator. Within six months, Bob had begun to turn the facility around and was able to gather together enough money to purchase the facility. The rest, as they say, is history.

Bob's family was also very active in the organization's success. Lloyd Wilson, Bob's dad, helped with the accounting and his mom, Stella Wilson, helped in dozens of ways, including sewing curtains for the resident rooms.

Today, Columbine Health Systems operates two patio home communities, four independent living facilities, three assisted living facilities, and five skilled nursing facilities in Fort Collins, Loveland, and Windsor. Also serving those communities are Columbine Medical Equipment, Columbine Poudre Home Care/ Bloom at Home, Poudre Infusion Therapy, and Centre Pharmacy. Fleet Transportation Services and the Columbine Distribution Centre serve the residents and facilities of Columbine.

Our Mission & Vision

It is our honor and privilege to provide health care and living environments for older adults in Northern Colorado. Since 1971, our residents, staff, and families value our mission and vision. We believe they reflect who we are and why we dedicate ourselves to caring for our community each and every day.

We hope you will look through our Guide to find the services or facility we offer to meet your needs. If you would like to come on board as an employee, we welcome you too!

MISSION

*We enrich our community,
We inspire, we connect, we care.*

VISION

In our relationship with others we will be authentic, have courage, compassion, and integrity.

We provide an integrated and innovative organization who seeks partnerships.

Compassion
Integrity **COURAGE** Partnership
Innovation INTEGRATION
Authentic

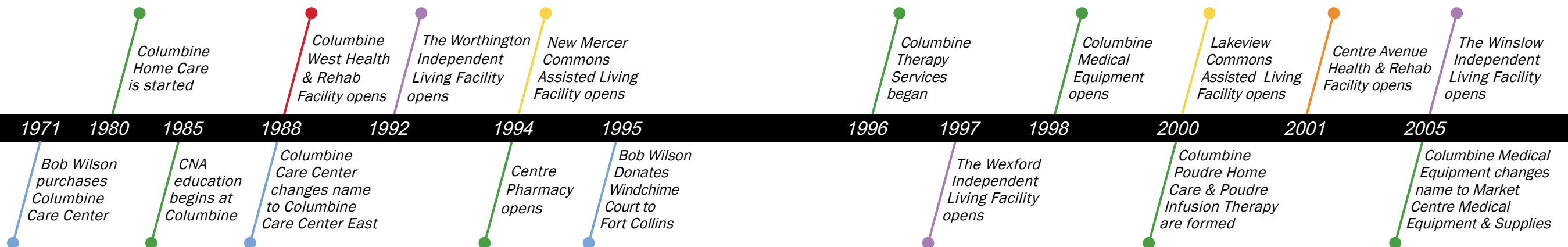


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"Mom had more time with us, as a result of the great care. Time was the most valuable thing we could have. We will never forget."

- Family Member of Resident



Nearly all of the photos in this Guide are of our residents and staff. We are honored they agreed to be photographed.



- 2006** | Market Centre Building opens with Cafe Columbine, Market Centre Medical Equipment & Supplies, Lifestyle Centre Health Club, Market Centre Rehabilitation Services, Geriatric Education Center, Columbine Distribution Centre, Human Resources, Payroll, and the Uniform Shop
- 2007** | Lemay Avenue Health & Rehab Facility opens
- 2008** | The Drake Centre opens, Transportation starts serving both North & South campuses and Bob Wilson donates Columbine Care Center East building to Crossroads Safehouse
- 2012** | Market Centre Medical Equipment & Supplies becomes Columbine Medical Equipment & Market Centre Rehabilitation Services changes name to Front Range Therapy
- 2013** | Columbine Commons Assisted Living and Columbine Commons Health & Rehab Facility open in Windsor
- 2013** | Columbine Medical Equipment, Poudre Infusion Therapy, Columbine Poudre Home Care, and Bloom at Home expand to Windsor
- 2014** | Columbine Management Office moves to the Drake Centre
- 2016** | The Pines opens, 40 apartment addition to New Mercer Commons
- 2017** | Westwood Patio Homes in Windsor opens
- 2018** | Columbine Patio Homes opens in Fort Collins
- 2019** | The Windsor Independent Living Facility opens in Windsor

PATIO HOMES: PHILOSOPHY & FEATURES



Westwood Patio Homes, Windsor

“All the homes have amenities to accommodate seniors but they are also very homey with a great room and fireplace. I love the full kitchen, utility room and the luxury of a heated garage and lots of storage space.”



Our Patio Homes are built for active adults, 55 and older who desire a home of their own without the responsibility of maintaining it. That's right, you are not responsible for the property taxes, property insurance, or any worries about the maintenance, landscaping, lawn care, or snow removal. With a maintenance person, our patio homes allow you to focus on the activities you want to do, not what you have to do.

All of our homes feature:

- Gas Fireplaces
- Easy To Maintain, Slip-Resistant Flooring
- Low Pile Carpeting
- Zero-Entry at All Doors
- Open Floor Plans With Living Room, Kitchen, and Dining Room
- Heated, Oversized One and Two Car Garages
- Smoke and CO₂ Detectors Throughout
- 36" Door Ways
- Under Cabinet Lighting
- Quartz Countertops

- Soft Close Cupboards and Drawers
- Window Coverings
- Absolutely No Steps!

Included in your monthly lease:

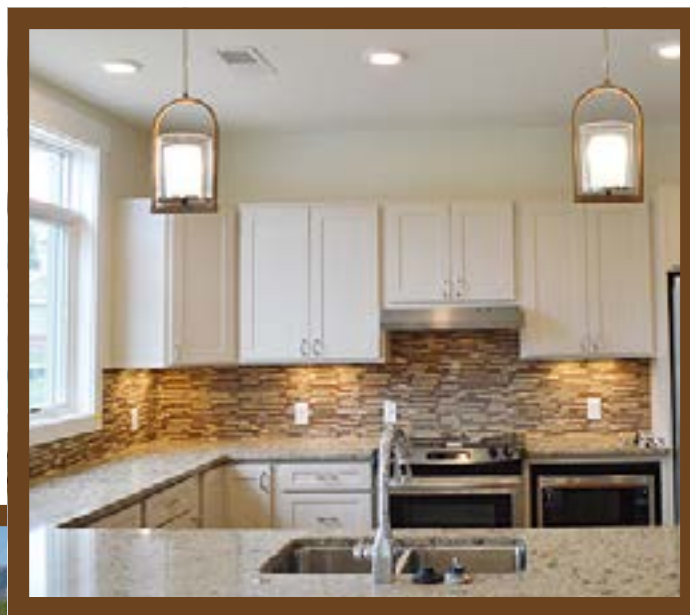
- Unit Maintenance
- Appliances
- Water
- Trash
- Landscape and Lawn Care
- Sprinkler System
- Snow Removal
- Priority within Columbine Health Systems ■

Columbine Patio Homes

The craftsman design provides for a truly American home that is simple and authentic. Natural wood and stone materials are included in gabled, low-pitched roofs, front and back porches, and tapered columns. You will enjoy the open floor plans, large master suites, and complete kitchens, in these very unique patio homes. Our current tenants appreciate the ample storage, large kitchens, and beautifully landscaped, cohesive neighborhood.

Located in the heart of Fort Collins, our newest patio homes are waiting to welcome you home. Within walking distance to the Fort Collins Senior Center, a short bus ride to Colorado State University, and minutes to Old Town, you will be able to engage in the best that Fort Collins has to offer.

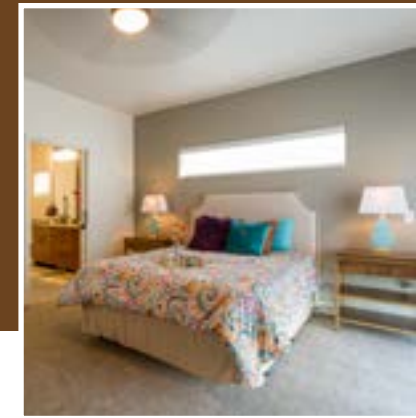
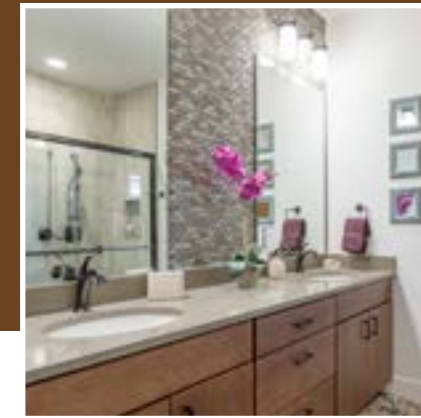
With a manager and maintenance person, you can be assured we are available to help you every step of the way, from choosing your perfect home to moving in, and maintaining your new patio home. Additionally, we have a unique partnership with our neighboring Independent living facilities allowing tenants of the patio homes to enjoy meals and participate in a limited number of activities at either facility. At Columbine Patio Homes, you are part of a larger community, the Columbine Health Systems family. ■



Columbine Patio Homes, Fort Collins



PATIO HOMES



Westwood Patio Homes

Westwood Patio Homes, the conveniences of maintenance-free living with the nostalgia of the 1960s. With our mid-century modern design, walking onto the patio home campus at Westwood will take you back to a simpler place and time when neighbors watched out for one another and waved hello from their front porch. In many ways, living at Westwood feels very much like this idealistic life. Neighbors get together on a regular basis for social gathering in both large and small groups – it is not uncommon to see friends gathered on a porch sipping ice tea or joining in afternoon conversation under our beautiful wooden pavilion.

“It is so enjoyable to get acquainted and make new friends. There are plans for summer cook outs and fun parties in our pavilion.”

The mid-century modern design translates into taking full advantage of

opportunities for natural lighting and providing very unique structures. Step inside to one of our homes, and be wowed by the open floor plans and abundance of large windows.

The mid-century modern design, inspired by Joseph Elcher, was the catalyst for naming our five unique floorplans after cars from the 1960s – Belair, Fairlane, Galaxy, Riviera, and Shelby. Patios and Porches create a very cohesive neighborhood layout.

Located in a quiet neighborhood in Windsor, Colorado with ample parking, our community is within walking distance to local groceries, restaurants, and coffee shops. Just a short drive away is Windsor's Community Recreation Center featuring multiple fitness rooms and an indoor aquatic center.

If you are looking for a maintenance-free lifestyle, Westwood patio homes is ready to welcome you home. ■

Columbine Transportation

Columbine transportation provides service for our residents 7 days a week, 365 days a year. Our hours of operation are 7:00am to 6:00pm.

Our 15-vehicle fleet of buses and vans transports to a broad spectrum of medical appointments, personal outings, and group activities.

The transportation staff is committed to provide a safe and comfortable service for all of our passengers. We strive to be compassionate, caring, and friendly with our residents, their family members, and our fellow employees. Out in the community we strive to be good ambassadors to our company and careful and considerate drivers on the road.

Independent Living at Columbine

Our independent living facilities are designed for seniors who are able to live on their own, but desire the security and conveniences of community living. We offer a lifestyle complete with recreational, educational, and social activities with other seniors.

Our monthly rent includes but is not limited to:

- Numerous apartment floor plans
- Chef-prepared meals and desserts
- All utilities
- Resident controlled thermostat in each apartment
- Housekeeping and linen service
- Complimentary personal laundry facilities

- Scheduled transportation service for doctor visits, shopping, errands, and activities
- Activities and recreation program
- Front desk staffed 24/7
- Emergency pull cord alert system
- Small pets allowed
- Building and private residence maintenance
- Mailbox and message centers
- Real estate taxes and insurance- except for personal property
- Parking spaces (garages available for extra fee)
- Cable television
- Wi-Fi

INDEPENDENT LIVING

Columbine Health Systems' continuum of care is proud to offer an array of services to our residents, as well as, the community we serve. Columbine offers a home care, non-medical home care, pharmacy, medical equipment, assisted living facilities, skilled nursing/rehab facilities, dementia care, palliative and hospice care.

Choosing Independent Living at Columbine Health Systems affords the opportunity to utilize the services and facilities offered in our campus continuum. ■



The Worthington

Come and Make Friends at The Worthington...It's How We Roll!

When you walk in to our lobby at The Worthington, you might just have an instant warm, welcome feeling of home. There will likely be cheering and laughter coming from the gamers nearby in the activity room. From the atrium up above you can hear the friendly chatter of our dining room while savory smells of what's cooking on the grill are wafting about.

Waking up and having coffee and breakfast with neighbors is a great way to start the morning. Each day you can choose to have lunch or dinner in our beautiful dining room while enjoying the sky-lit chandelier and grand windows.

The Worthington is tucked away in a quiet corner with luscious trees, yet still within

reach of recreation and entertainment in the city. Each floorplan has its own patio and plenty of windows with views of our beautiful Colorado skies.

We love to go on trips to the hills or just an adventure on the town. You can stay fit with us in exercise classes or just hop on our Nu-Step and work out at your own pace.

We are known to laugh and have fun here – and when you need us we'll be a pillar to lean on and an avenue to enhancing your lifestyle with supports in our community. At The Worthington, we are proud to be a part of the Columbine Family! ■

“Thank you so much for everything! You know exactly how to respond to mom – when to listen, when to be caring and when she needed a hug..”

– Family of a 17-year Resident

The Wexford

Welcome to The Wexford – This Feels Like Home!

The Wexford is ideally located in Loveland within walking distance to the Benson Sculpture Park, North Lake Park and beautiful Lake Loveland.

Three chef-prepared meals a day is a luxury that's easy to get used to! Our breakfast buffet features a variety of items including fresh fruit and hot entrée items. Served by our cheerful staff, the weekly menus offer a wide selection of restaurant inspired entrée choices and a gourmet salad bar.

Join us as we enjoy “Concerts in the Park” or delight in the local art museums and sculpture galleries. Pull up a chair and enjoy front row seats to the 4th of July fireworks display. Grab a friend and enjoy a game of pool or poker. Read a book from the library in our cozy fireplace room. Better yet....have fun in one of the group exercise classes taught by licensed professionals or stay motivated with the stationery bicycles, weights and fitness balls!



The Wexford, Loveland

The Wexford is a community of life-long learners, energetic and fun loving individuals who come together from all walks of life to begin a new journey. We start out as neighbors and quickly become friends. These friends become like family. We invite you to stop in around 3:00 p.m. any day of the week, grab a freshly baked cookie and experience for yourself why residents say “Now, this feels like home!” ■

“Dear Friends: Your staff is the most friendly, welcoming staff I've ever dealt with. You are so warm and professional, and make the whole moving in experience that much better. I feel a lot more confident and hopeful about the future.”

~ New Resident of The Wexford



The Winslow

*The Winslow is More Than a Place To Live;
It's a Lifestyle, a Community and a Family.*

The Winslow invites you to stop in for a tour to experience what The Winslow residents and staff are so proud of.

The front lobby welcomes with smiles from our front desk staff, homemade cookies, and chatter from residents coming and going, some waiting for a Columbine van to take them to their appointment, shopping, or planned activity. As you start looking around you will notice our full library, computer station, beauty salon, and country store. Entering one of our apartments, you'll find more amenities: emergency pull cords, full-size refrigerator, microwave, dishwasher, patio or balcony, ample closet space, resident-controlled thermostat, and great bathroom space!

But what about the things you can't "see" on the tour? The wait staff know your personal preferences so well. The housekeepers even know the details of how you want your bed made. Our maintenance supervisor keeps your home in tip-top shape. Don't forget about the friendly call from our front desk to remind you of your upcoming transportation reservation. There is even a nightly security patrol of the building.

It's all included in the rent transportation, utilities, meals, monthly guest meal credit, housekeeping, maintenance, activities, and more! Our friendly staff is happy to help! Come be a part of The Winslow, a wonderful place to call home. ■



The Windsor, Windsor

The Windsor

The Windsor Independent Living, Columbine's newest facility, is conveniently located on the corner of 14th and Main Street! The Windsor has spacious apartments with one bedroom or two bedroom floor plans. Each unit is equipped with in-unit washers and dryers, living rooms and kitchens for entertaining, and walk-out balconies or patios. With only 31 apartments. The unique size offers a cozy and intimate living environment. Other recreation areas include the Activity Room, Library, Exercise Room, Sun Room, multiple lounges and large outdoor balconies. Be sure to check out the fish tanks!

The Windsor Independent Living Facility residents enjoy first-class services with plenty of flexibility for their individual needs. The pet-friendly building will offer a lifestyle where housework, yard maintenance, snow removal, and meal preparation are a thing of the past!

Stay entertained with a variety of innovative activity and wellness programs scheduled seven days a week. Utilize the van transportation system for medical appointments, personal trips, or shopping. The restaurant-style dining room will offer made to order meal service daily for breakfast and dinner. Weekly housekeeping and linen service is provided for residents' convenience. In case of an emergency, residents can utilize personal emergency pendants to page reception staff on-site 24 hours a day.

Also on the Windsor campus, residents will have easy access to doctor's offices, outpatient therapy, home health, non-medical home care, companion care and medical equipment. Our Westwood Patio Homes, Columbine Commons Assisted Living and Health & Rehab are right across the street. ■

Providing care & compassion to all.





Assisted Living Philosophy



Assisted living is about more than a helping hand; it's about promoting overall well-being and independence by means of a person-centered approach to aging. Residents enjoy opportunities to stay active, eat well, explore new relationships, connect with neighbors, and achieve personal goals every day.

Our Assisted living facilities offer personal care for older adults who need assistance with activities of daily living.

For individuals who want to see if assisted living is the right fit, or caregivers who are looking for some R & R; short-term respite stays are available. Guests enjoy private, fully-furnished apartments with all the same services and amenities as residents.

We invite you to explore the next few pages to learn more about our assisted facilities. Each building has its own management and offers a unique feel, and is supported by the continuum of care Columbine Health Systems offers Northern Colorado! ■

Services and amenities vary for each facility but typically include:

- 24-hour staff
- Medication assistance/ administration
- Personal grooming assistance, such as bathing and getting dressed
- Incontinence management
- Private apartments with alert systems
- Personal pendants to alert staff for needed assistance
- Escorts to and from meals and events
- All three meals and snacks
- Accommodations for specialized diets
- Housekeeping maintenance
- Personal laundry services
- Small pets allowed
- Podiatry, eye care, Physician, NP, and Audiologist services in-house
- Engaging activity calendars to encourage our residents to meet their emotional, physical, and social needs
- Transportation to medical appointments and group activities
- Psychologist and Psychiatrist services
- Chaplin and spiritual services
- Coordination with outside healthcare providers
- Scheduling and follow-up with physician appointments and coordination of ancillary care services



New Mercer Commons

New Mercer Commons is our Fort Collins campus assisted living, located off of Centre Avenue. We have the beautiful Columbine Health Systems Park with sculptures to delight many. Resident's enjoy the walking paths, deck, picnic tables, and the beautiful butterfly garden. Our facility provides both assisted living and assisted living Memory Care. We cater to individualized needs by offering many different styles of rooms and different levels of care.

Residents are encouraged to join our diverse activities. Our most popular activities are music performances, spiritual growth groups, socials, and community outings. We facilitate opportunities for Resident's to maintain their independence as they age. Whether they participate in the annual Columbine Wii Bowling Tournament (we are two year reigning champions!) or getting in touch with their spiritual needs with the mindfulness group, resident's are encouraged to live life to the fullest and our staff is able to provide social, emotional , and physical support along the way.

In our Memory Care, we have four backyards where Residents enjoy gardening and getting fresh air. Specialized activities for Dementia

residents are offered including Music Therapy, Brain Games, and Reminisce. Resident's enjoy socializing about their lives, history, and their travels.

We partner with many different services and community outreach programs. We are located close to the senior center and offer transportation for residents. We also partner with a wide range of ages from our local elementary school students to interns and professors from Colorado State University. We have several in-house partners to assist with needs such as podiatry, dental hygiene, labs, x-rays, eye care, and medical and non-medical home health care as well.

The New Mercer Commons community creates a life which encourages individuality, spontaneity, and continual growth in a homelike atmosphere. We strive to create relationships and partnerships with residents, their families, and our community. ■

New Mercer Commons - Secure Memory Care



We believe in our ability to provide quality care lies in our compassion and understanding of people we care for. Our person-centered approach encourages us to create a life which encourages individuality, spontaneity, and continual growth for each resident. In addition, we offer a calendar of activities which provide opportunities for social engagement, memory stimulation, and physical and spiritual wellness.



Specifically designed to support those living with memory loss, our Memory Care program is offered in a home-like setting.

The Memory Care units include:

- Your choice of private & semi-private apartments
- Nature-oriented art
- Large outdoor gardens fully-landscaped with fruit trees
- Raised flower beds for growing year-round
- Walking paths for independent outdoor activity



Memory Care at New Mercer Commons assists each person living with dementia to continue to live their life to the fullest. ■

New Mercer Commons, Fort Collins





Lakeview Commons, Loveland

Lakeview Commons

Lakeview Commons is an intimate 50-bed community named after its beautiful location nestled near Lake Loveland and the Benson Sculpture Park. Operating since June 2000, Lakeview is the only Assisted Living in Columbine Health System to accept Medicaid. We offer short-term, respite stays, and long term care. Our 3 different private room sizes offer flexibility with each featuring a kitchenette, walk-in closet, and lovely living space. Lakeview also boasts one of the best views of Loveland's July 4th Firework Display!

Lakeview Commons offers medication administration, laundry services, and general care provided by our attentive and trained care providers and Qualified Medication Administration Personnel (QMAP). Our nurses are available 8 hours a day and are on-call 24/7. They work closely with the residents, care providers, QMAP's and other services.

Our activities department works meticulously to provide activities for all interests and abilities, including; recreation, community outings, spiritual programs, brain games, arts and crafts, bingo, as well as, happy hour, and entertainment.

Housekeeping and maintenance staff ensures a clean and safe environment for every resident, staff, and their families. Lakeview also hosts an array of support services for added convenience including; a physician, nurse practitioner, ophthalmologist, podiatrist, physical, occupational, and speech therapies, as well as, a full service beauty salon/ barber shop.

At Lakeview Commons, we value each resident as an individual and consider their care plan and needs as such. We welcome you to explore our facility and see for yourself why our families "recommend Lakeview Commons whenever they can!" ■

Columbine Commons

Conveniently located in the heart of Windsor, Columbine Commons Assisted Living opened in December 2013. The facility offers 58 apartments with spacious walk-in closets, bathrooms with walk-in showers, and kitchenette areas. Recreational areas include; TV Rooms, Exercise Room, Activity Room, Private Dining Room, Library, and Beauty Shop! Residents can enjoy walking paths and sitting areas in our outdoor Courtyard. Medical offices of UC Health Family Medicine and Associates in Family Medicine are nearby – Banner Health Family Medicine is just down the street!

Personal Care Providers are available 24 hours a day to help residents with tasks such as bathing, dressing and personal hygiene. Nursing staff, on-site 16 hours a day, provide medication management and administration. With extended nursing hours, staff is able to accommodate specialty nursing needs such as diabetic management, catheter, and ostomy

care and management, wound care, and specialized or mechanically altered diets. Easy access to outpatient therapy attached the facility, home health, and non-medical home care care services allow for individualized attention.

Residents receive a multitude of services including housekeeping and personal laundry and transportation to and from medical appointments. Three made to order meals a day are provided in our restaurant-style dining room. Extended meal times allow residents more flexibility in their daily routine.

A varied activity calendar is designed for our residents' social, recreational and spiritual needs. Some of our most popular activities include daily morning exercise classes, Happy Hour Friday afternoons, entertainers, church services, trips in the community such as the Windsor Summer Concert Series and more! ■

Columbine Commons, Windsor



Skilled Nursing Philosophy

We started in 1971 as a single nursing home. Today, our Skilled Nursing Facilities are preferred providers with our two local hospital organizations - Banner and UHealth.

Our four facilities are located in Windsor, and Fort Collins.



Our Skilled Nursing Facilities

Fort Collins

- Centre Avenue Health & Rehab Facility
- Columbine West Health & Rehab Facility
- Lemay Avenue Health & Rehab Facility

Windsor

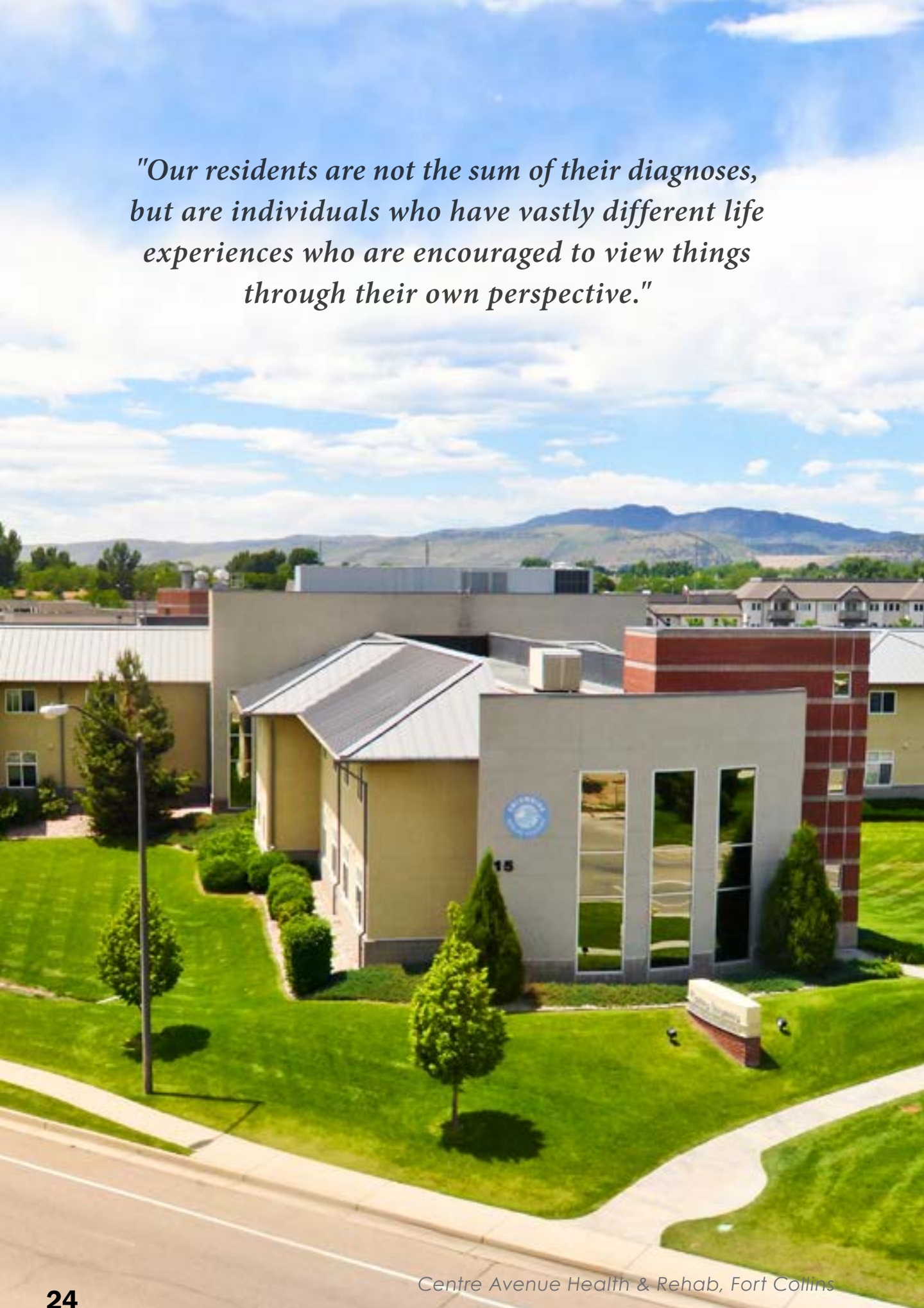
- Columbine Commons Health & Rehab Facility
- Columbine Commons Health & Rehab Facility - Lakes

We serve those who are looking for skilled nursing services for:

- Short term stays for rehabilitation and recuperation
- Long Term Care for those requiring continuous 24-hour nursing care
- Respite stays - as short as 3 days to a few months
- Palliative Care
- Hospice and end-of-life care



"Our residents are not the sum of their diagnoses, but are individuals who have vastly different life experiences who are encouraged to view things through their own perspective."



Centre Avenue Health & Rehab, Fort Collins

Our physicians and nurse practitioners/physician's assistants are from our Front Range Geriatric Medicine. As members of the same organization, we are able to collaborate, coordinate, and communicate on best practices for patients and residents.

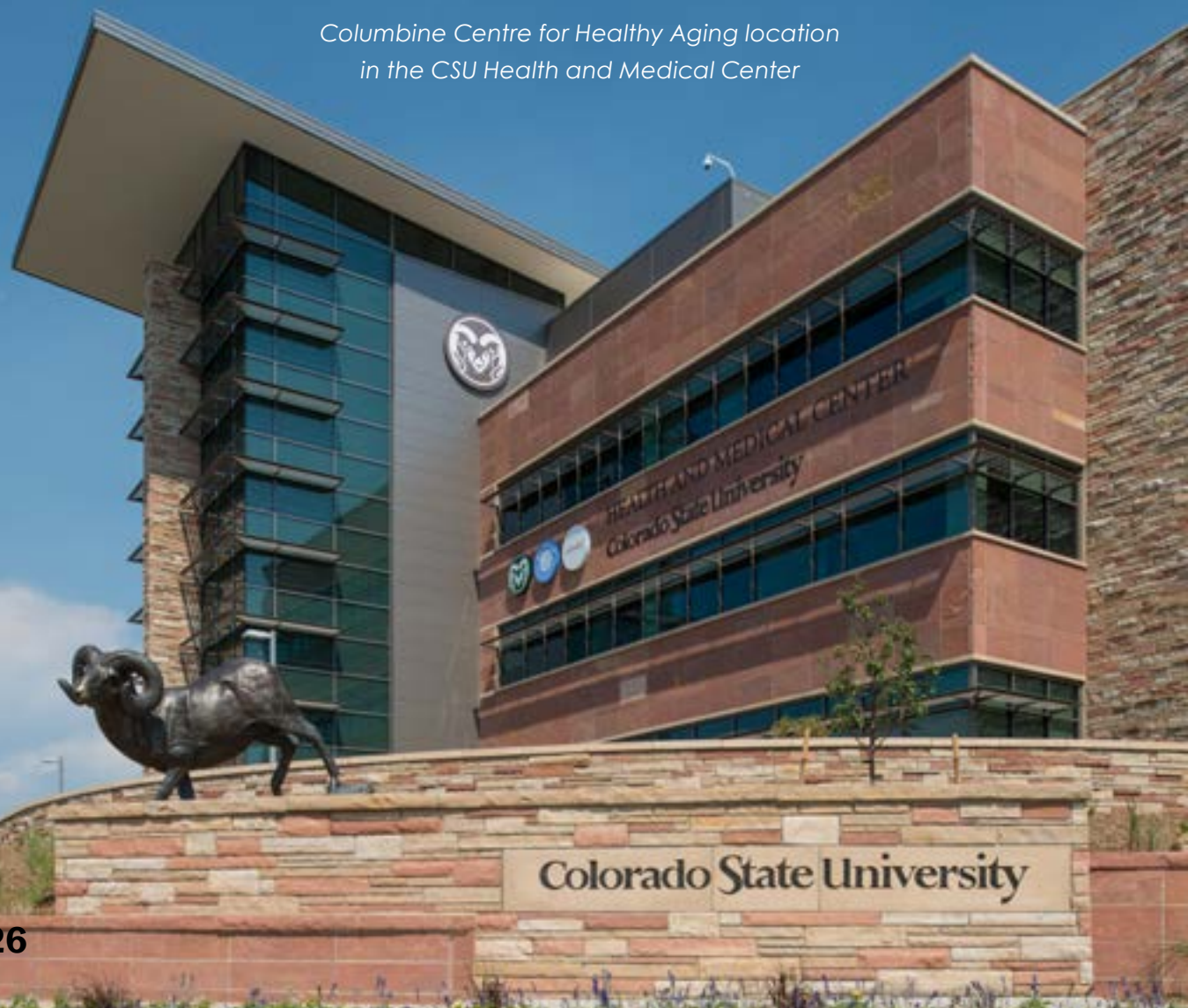
Each of our Skilled Nursing Facilities offers:

- Nursing Care With RNs, LPNs, and CNAs
- Restorative Nursing
- Physical Therapy
- Occupational Therapy
- Speech/Language Pathology
- Wound Care
- Respiratory Therapy
- Lab and X-Ray Services
- Oxygen
- Nutrition and Dining Services – Meals, Snacks, and Supplements
- Registered Dietitian
- Pharmacy Consultant
- Medications from Centre Pharmacy
- Social Services and Discharge Planning
- Activities Programming for Independent or Group Events with Transportation for Outings
- Exercise Programs
- Chaplain Services
- Beauty and Barber Shop
- Housekeeping
- Personal Laundry and Linen Service
- Facility Maintenance
- Medical Supplies from Columbine Medical Equipment
- Electric Beds
- Transportation for Medical Appointments ■



Community Services Philosophy

Columbine Centre for Healthy Aging location in the CSU Health and Medical Center



Supportive Presence

We Affirm Spiritual Care As An Integral Part Of Health Care

Our mission is to care for each person by understanding and responding to their spiritual, religious, and emotional needs.

Chaplains can serve residents, family members, friends of residents, and staff by:

- Being present during transitions, stress, grief, or crisis
- Sharing in joys and celebrations
- Discerning challenging decisions
- Contacting personal clergy or support person
- Arranging for sacraments and rituals

Clergy Notification

You are invited to provide us with your religious preference and faith community so we can best accommodate your needs. We encourage your own clergy to visit you. Chaplains can contact your clergy or support person upon your request. Beyond the support from your own faith tradition, our chaplains offer visits, prayer, and care.

Religious Rituals & Worship

We are delighted to arrange religious rituals for various faith traditions. If the chaplain is unable to assist, we can contact someone of your tradition. Worship services are offered at the Columbine facilities. Contact staff in your facility for the schedule of these services. ■

We care. We make a difference, it **Matters.**



Front Range Therapy

Comprehensive Outpatient Therapy Services Available

Physical and Occupation Therapy

- Fall Prevention/Risk Assessment
- Balance Training
- Gait Training
- Vestibular Rehabilitation
- Post-Operative Rehabilitation - Hip, Knee & Shoulder Replacement
- Adult Neurological Rehabilitation - Stroke, Parkinson's Disease
- Spine Rehabilitation-Core Stability & Postural Strengthening/Training
- Orthopedic Rehabilitation - Foot/Ankle, Hip, Knee, Shoulder
- Osteoporosis and Arthritis Management
- Home Safety Assessments
- Offer Pre-Employment Post-Offer Job Function Testing
- Work-Site & Ergonomic Evaluations to Decrease Risk of Injury to Employees

Speech Therapy

- Swallow
- Voice
- Cognitive Therapy
- LSVT (Lee Silverman Voice Treatment) for Parkinson's Disease
- Vital-Stim ■



Columbine Therapy Services

Columbine Therapy Services is dedicated to providing comprehensive rehabilitation services which improve the daily lives of those recovering from the disabling effects of an acute illness or injury, elective surgery, or the cumulative effects of multiple co-morbidities.

We offer specialized treatment programs in Occupational Therapy, Physical Therapy, and Speech-Language Pathology, for a variety of orthopedic and neurological rehab.

Our patient-centered facilities and approaches are designed to help our rehabilitation teams attain optimal outcomes for the patients we serve.





Pharmacy Overview

Centre Pharmacy supports the mission of Columbine Health Systems and provide all the necessary medications for our residents and employees. We pride ourselves on being efficient, accurate and friendly. Through collaboration with the Columbine Skilled Nursing Facilities, we strive to deliver the medications to the facility in a way which assures the resident receives their medication on time and in a manner that is efficient for our nursing team to administer. We have invested in a state of the art Packaging Machine which improves the accuracy and efficiency of this process. We are also able to fill medications and deliver to the Independent Living Facilities with a variety of packaging options.

We provide a Consultant Pharmacist for the Skilled Nursing Facilities that review medications to assure the accuracy, dosing, antibiotic usage, necessity, and other regulatory requirements. Our team of pharmacists work with Columbine's Front Range Geriatric Medicine Group to help monitor effective dosing, drug interactions, allergies, and other concerns that pertain to the patient's medications in an effort to optimize the patient's health and quality of life. ■



Our Mission:

To understand our patients' life priorities and what makes life meaningful for them.

We accomplish this by:

- Meeting a patient where they are in respect to their wishes and values; honoring dignity and independence.
- Treating patients and families as partners in medical decisions and be someone our patients and families can trust.
- Providing medical care to those going through life transitions.
- Being available to patients and families.
- Monitoring chronic diseases with a focus on slowing progression, when possible.
- Helping patients continue to enjoy life and have fun as they age.
- Maintaining transparency and integrity in medical data gathering and decision making.



Rebecca Jackson,
DO



Columbine Medical Equipment, Fort Collins

Columbine Medical Equipment

Columbine Medical Equipment works to meet the medical equipment needs of all Columbine facilities and the Northern Colorado community. We operate two retail stores conveniently located in Windsor in the Safeway shopping center and on the and Fort Collins campuses.



Services range from...

- Bathroom Safety
- Braces and Sports Medicine
- Breast Pumps and Supplies
- Compression Stockings and Support Hosiery
- Incontinence Products
- Lift Chairs and Scooters
- Lymphedema Program
- Urological and Ostomy Supplies
- Wound Care Supplies
- Hospital Beds
- Sleep Apnea
- Rehab Devices
- Sport Medicine
- Mastectomy Program
- Mobility Safety
- Oxygen and Respiratory Services

Our Services

Columbine Medical Equipment has been providing Lymphedema, Mastectomy, and Compression fittings to the community since 2007.

Mastectomy

Your Source for personalized, professional, and compassionate consultation and assessment. Know your options for before and after your surgery.

Our Services Include:

- Certified fitter on-staff for personalized fitting in a private fitting room
- Free consultation
- Product selection and fittings based on need
- Complimentary insurance benefits check on garments needed
- On going support and problem solving to assist when needs change

Lymphedema & Compression

Your source for personalized compression and Lymphedema education, consultation, and management for individuals experiencing lower extremity edema, venous insufficiency, venous stasis ulcers, Lymphedema, and Lipedema.

Our Services Include:

- Certified fitter on staff for ready-made and custom garments (Upper & lower extremities)
 - Measuring & fitting for ready-to-wear garments
 - Measuring and fitting for custom garments
- Free consultation and confidential assessment
- Product selection and fittings based on need
- Complimentary insurance benefits check on garments needed
- On going support and problem solving to assist when needs change ■

Poudre Infusion Therapy

What is Infusion Therapy?

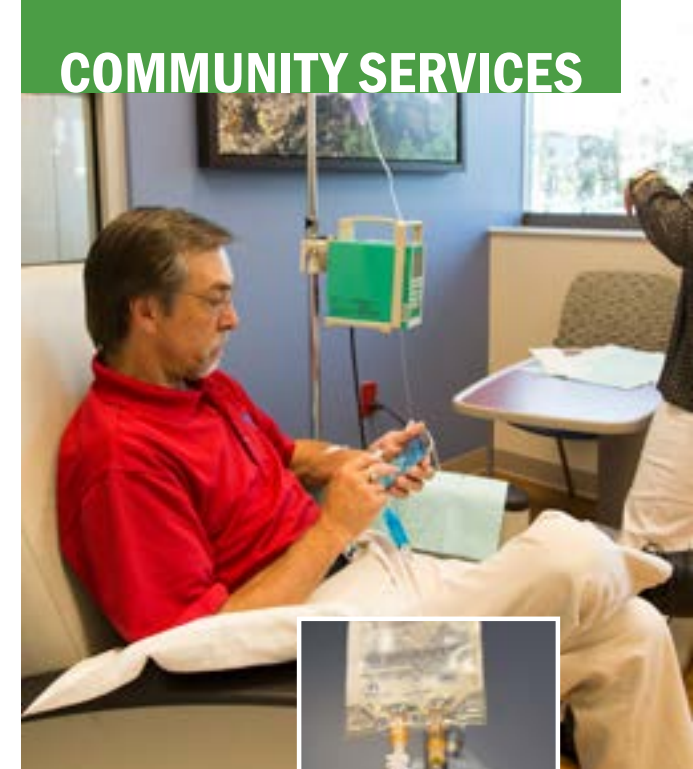
Infusion therapy involves the administration of medications through a needle or catheter. It is prescribed when a patient's condition is so severe it cannot be treated effectively. Infusion therapy also treats a wide assortment of often chronic and sometimes rare diseases.

Common infusion therapies administered via infusion include:

- Antibiotics, antifungal, and antiviral
- Chemotherapy, hydration, and pain management
- Blood products
- Immunotherapy, monoclonal antibodies, and injections for severe to moderate asthma

Why Poudre Infusion Therapy?

We provide professional, personalized, and comprehensive infusion services in your home or in our private Ambulatory Infusion Suites. Our infusion nurses and pharmacists help individualize care with the physician. We collaborate via telephone calls and RN notes to the doctor. Our pharmacists and nurses monitor lab values, help to minimize side effects, and monitor disease states.



Where are we located?

We have 3 convenient locations of Ambulatory Infusion Suites located in Fort Collins, Windsor, and in the CSU Health and Medical Building. We even offer weekend hours.

Each location has:

- Two private suites with wireless Internet
- Cable TV
- Comfortable recliners
- Snacks and refreshments

How is Infusion Therapy paid for?

We are a preferred provider for all major commercial insurance companies. We handle obtaining authorization from your insurance company and schedule your infusions. ■



Columbine Poudre Home Care

“I can’t thank CPHC enough for their professional, yet very compassionate care. All I can say is they were wonderful, working as a team to meet my needs. Their care far exceeded my expectations.”

- Columbine Poudre Home Care Client

Columbine Poudre Home Care has been providing in-home services for over 30 years in Northern Colorado. Home care is typically short term, intermittent care in the comfort of your home where our clinical staff will work in collaboration with your physician, to create a personalized care plan to meet your needs.

We offer skilled nursing care, certified nursing assistants, physical, occupational and speech therapies, and community resource who can help with long term planning. We strive to keep you healthy and safe where ever you call home whether it is independent living, assisted living, patio home, or your community home. ■



Where Our Staff Comes To You

Bloom at Home non-medical caregivers

provide a variety of services to assist you and your loved ones at home. Our supervisors and trained care providers will create a plan with you and your loved ones which will help maintain a comfortable lifestyle in your home setting. If your care needs change, our staff can discuss other services available to you through the Columbine Health System family and other community resources. We believe in providing services to our clients in a professional, compassionate, and ethical manner.

Let us assist you back home after a hospital or a rehabilitation stay. As your care provider, we strive to meet your personal and homemaking needs, such as:

Personal Care

- Showering/Bathing
- Dressing
- Bathroom Assistance
- Medication Reminders

Companionship

- Light Housekeeping
- Meal Preparation
- Laundry Service ■

Drake

CENTRE

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The Drake Centre provides a wonderful venue for your special occasion. Centrally located in Fort Collins, near Drake Road and Shields Street, the Drake Centre is incredibly versatile and appealing. Whether your event is small and intimate or large, we can easily accommodate your unique needs. Our large parking lot ensures ease of parking and comfortable access for your guests. We are especially pleased that our entire space can accommodate up to 475 guests. The venue may also be divided located on the East for smaller events up to 250 guests. A tavern area is connected to one side of the main venue for rental, creating creates a very unique entertainment space.

The Drake Centre allows you to bring in your own caterer and linens. This flexibility to customize and individualize the space for your unique event is something our guests love about the Drake Centre. Our experienced staff are ready to assist with your event in any way they can, be it the actual event design or by providing you a list of high-quality vendors in the area for you to choose from. The staff of The Drake Centre are passionate about working with you to ensure your special event will exceed **your** expectations! ■



Drake Centre, Fort Collins

exceeding your expectations



Employment OVERVIEW



*At Columbine, we enrich our community,
we inspire, we connect, and we care.*

Columbine Health Systems and its facilities offer a great place to work with employment opportunities at any of our healthcare campuses in Fort Collins, Loveland, and Windsor, Colorado.

Our deep commitment to quality care of our residents cannot be achieved without our talented staff. With over 150 different job roles we have a wide range of opportunities from entry level staff to technical roles; we offer "meaningful careers for employees who care".

We support learning which provides advancement. Our scholarship programs provide advanced post-secondary degrees. Career Pathways in our clinical, dietary, and administrative roles were created for those looking to expand their healthcare knowledge and engage with our customers in providing great services.

Join Our TEAM

Assisted Living

- Personal Care Providers
- QMAP - Qualified Medication Administration Professionals
- Licensed Practical Nurses
- Registered Nurses

Skilled Nursing

- Resident Assistants
- Certified Nursing Assistants (CNA)
- Licensed Practical Nurses
- Registered Nurses
- Nurse Practitioners
- Physicians

Therapy Services

- Physical Therapists
- Speech-Language Pathologists

- Occupational Therapists
- Occupational Therapy Assistants

Resident Services

- Social Workers
- Activities Assistant and Directors
- Admissions and Hospital Liaisons
- Case Management

Specialty Department and Services

- Infusion Therapy Technician and Infusion Therapy Certified RNs
- Home Health - Certified Nurse Assistants, LPNs, RNs
- Pharmacists
- Pharmacy Technicians

Non-Clinical Career Pathways

Our culinary teams offer quality, creative cuisine to our residents. Residents receive made-to-order meals and snacks. Registered Dietitians oversee dietary needs in partnership with our chefs.

Culinary Pathway

- Waitstaff
- Nutrition Aides
- Dishwashers
- Cooks
- Prep Chefs
- Head Chefs



As one of the largest employers in Northern Colorado, the need to support our business processes is vital. We have a wide-range of key operational roles which keep the system running smoothly for our residents' needs. Entry-level to advanced degree roles help provide financial, administrative, and facility support

Operational Pathway

- Finance/Accounting
- Insurance/Billing
- Human Resources/Payroll
- Creative/Graphics
- Informational Technology
- Horticulture/Landscaping Management
- Construction Management



Business Service Pathway

- Transportation
- Medical Equipment Technician/Drivers
- Insurance/Billing ■

Columbine Health Systems Employees focus on providing quality care to our residents.

Geriatric Education Center

Columbine Health Systems Geriatric Education Center offers a comprehensive educational training program to become a CNA (Certified Nursing Assistant). We provide thorough training through face-to-face classroom instruction, hands-on lab practice, and patient clinical experiences. Our educators are dedicated to encouraging students to meet their goals successfully as they are tested on theoretical knowledge and practical hands-on understanding.



CNAs ensure the safety and comfort of patients under the direct supervision of a nurse in all avenues of health care. We know they have an integral role to fill in the medical team as they assist patients to cope with stressful circumstances by providing medical attention through personalized care. We are here to guide prospective CNAs in their new profession as they move forward to provide

critical support to patients and their families. The need for qualified caregivers is ongoing as the Northern Colorado population grows and the acuity level of patients increases. Our training is available for those pursuing medical careers, parents of children with special needs, and those looking for a career change. Please refer to our website for our available class schedules. ■



Campus Directory

Patio Homes

- 7. Columbine Patio Homes
- 25. Westwood Patio Homes

Independent Living

- 18. The Winslow
- 19. The Worthington
- 22. The Wexford (Loveland)
- 26. The Windsor

Assisted Living

- 16. Lakeview Commons (Loveland)
- 20. New Mercer Commons
- 23. Columbine Commons

Skilled Nursing and Rehabilitation

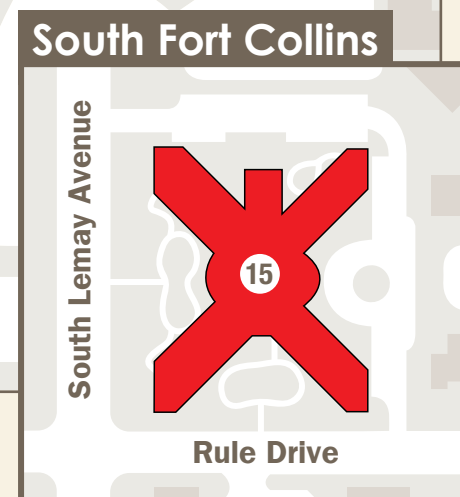
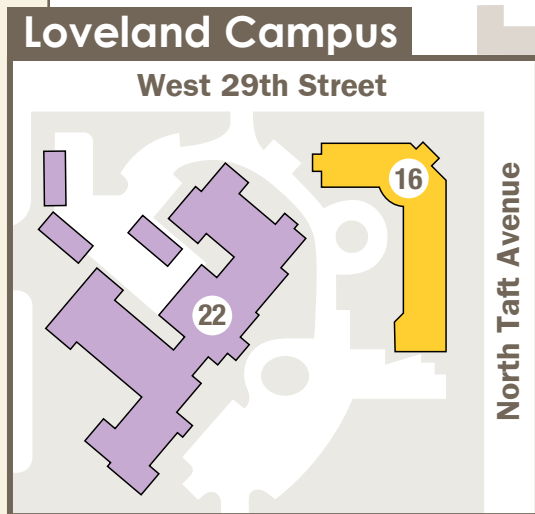
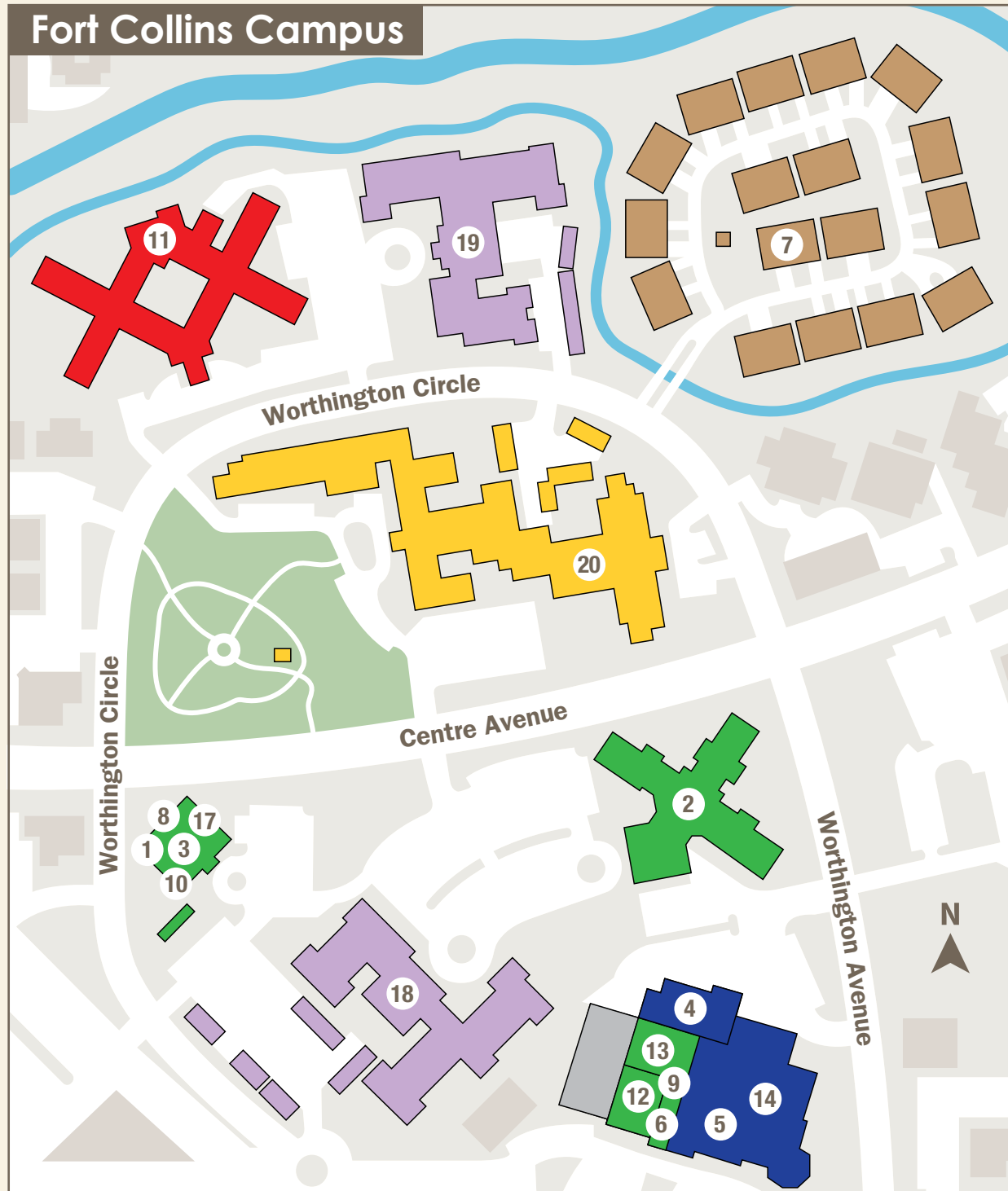
- 2. Centre Avenue Health & Rehab Facility
- 11. Columbine West Health & Rehab Facility
- 15. Lemay Avenue Health & Rehab Facility
- 24. Columbine Commons Health & Rehab Facility
- 27. Columbine Commons Health & Rehab Facility (Lakes)

Community Service

- 1. Bloom at Home
- 3. Centre Pharmacy
- 6. Columbine Medical Equipment
- 8. Columbine Poudre Home Care
- 9. Columbine Therapy Services
- 10. Columbine Transportation Services
- 12. Front Range Therapy
- 13. Geriatric Education Center
- 17. Poudre Infusion Therapy

Management

- 4. Columbine Distribution Centre
- 5. Columbine Health Systems
- 14. Human Resources



Windsor Campus



Patio Homes

Columbine Patio Homes

Torino Circle
Fort Collins, Colorado 80526
970-490-1000

Westwood Patio Homes

Westwood Drive & 14th Street
Windsor, Colorado 80550
970-460-5005

Independent Living

The Windsor

1385 Main Street
Windsor, Colorado 80550
970-460-5005

The Wexford

1515 West 28th Street
Loveland, CO 80538
970-667-1900

The Winslow

909 Centre Avenue
Fort Collins, Colorado 80526
970-492-6200

The Worthington

900 Worthington Circle
Fort Collins, Colorado 80526
970-490-1000

Assisted Living

Columbine Commons

1475 Main Street
Windsor, Colorado 80550
970-449-5540

Lakeview Commons

1422 West 29th Street
Loveland, Colorado 80538
970-278-4000

New Mercer Commons

900 Centre Avenue
Fort Collins, Colorado 80526
970-495-1000

Skilled Nursing & Rehabilitation

Centre Avenue Health & Rehab Facility

815 Centre Avenue
Fort Collins, Colorado 80526
970-494-2140

Columbine Commons Health & Rehab Facility

1475 Main Street
Windsor, Colorado 80550
970-449-5541

Columbine Commons Health & Rehab Facility - Lakes

1475 Main Street
Windsor, Colorado 80550
970-449-5541

Columbine West Health & Rehab Facility

940 Worthington Circle
Fort Collins, Colorado 80526
970-221-2273

Lemay Avenue Health & Rehab Facility

4824 South Lemay Avenue
Fort Collins, Colorado 80525
970-482-1584

Community Services

Bloom at Home

915 Centre Avenue, Suite 2
Fort Collins, Colorado 80526
970-482-5096

Centre Pharmacy, Inc.

915 Centre Avenue, Suite 4
Fort Collins, Colorado 80526
970-221-0190

Columbine Medical Equipment

802 West Drake Rd., Suite 123
Fort Collins, Colorado 80526
970-221-1453

Columbine Poudre Home Care

915 Centre Avenue, Suite 2
Fort Collins, Colorado 80526
970-482-5096

Front Range Therapy

802 West Drake Rd, Suite 133-A
Fort Collins, Colorado 80526
970-494-6449

Geriatric Education Center

802 West Drake Rd., Suite 137
Fort Collins, Colorado 80526
970-494-6455

Poudre Infusion Therapy

915 Centre Avenue, Suite 3
Fort Collins, Colorado 80526
970-494-2130