

Plumbing

As outlined in the Handbook, the toilets installed are WaterSense and have low flow/high frequency in compliance with 2016 Colorado legislation requirements. These toilets use less water than a full-flush toilet. It is recommended to hold down the handle for 3-5 seconds for each flush. They are **NOT** designed to handle extra soft toilet paper or disposable wipes. In addition, the toilets are sensitive to too much toilet paper. When there is a clog, it requires a plumber to come out which is costly. If there are multiple plumber calls, tenants may be charged.

Please DO NOT use extra soft toilet paper or disposable wipes in the toilets

Maintenance

Regular business hours are Monday - Friday 7:00 a.m. - 3:30 p.m. Maintenance is available on-call for emergent needs on weekends and after hours. Some examples of a maintenance emergency include: Air conditioning or heat not working, no hot water, water leaks or flooding, and egress related issues. Note: If your smoke detector is alarming and saying "fire" or "carbon monoxide", please contact 911, then contact the front desk.

Maintenance can assist with hanging personal items as time allows and will provide basic hardware. Any hardware beyond what we consider basic (shelves, nuts, bolts, hangers, TV mount, etc.) for personal use should be supplied by the tenant. Grab bars are supplied and installed free of charge.

Please do not put nails in any of the doors, woodwork, or cupboards. You may find which hooks are acceptable by checking with maintenance first.

Maintenance is not allowed to work on personal appliances, move furniture, flip mattresses, or work on automobiles or electric scooters.

For a maintenance request, call The Windsor front desk at (970) 460-5005.

Maintenance Reminders:

Please note that mowing and trimming will not take place in your fenced back patio area if pet waste is not picked up at the time of mowing. Thank you for your cooperation.





Westwood Patio Homes **AROUND THE CIRCLE NEWSLETTER** 970-460-5005

Regular Events

Group Exercise

Mondays, Wednesdays & Saturdays at 11:00 a.m. (The Pavilion) ****On hold unless weather is nice, watch** Westwood group email**

Coffee Hour

Tuesdays at 10:00 a.m. (Safeway) Gather with your neighbors for coffee and conversation on Tuesday mornings. Enjoy your coffee or tea with your neighbors!

Socials

Tuesdays and Thursdays at 2:00 p.m. (The Pavilion) **Weather permitting, watch Westwood group email**

Men's and Women's Lunch – Monthly

Enjoy a lunch with your fellow tenants! Contact JoAnne Dickneite for the women's lunch and Bill Greeley for the men's lunch.

April 2024



Activities at The Windson

Quarter Bingo

Tuesdays at 3 p.m. (AR)

Come and enjoy rounds of bingo with your friends and neighbors. We play a regular round, a few specialty rounds like four corners or picture frame, and finally end with a blackout round. Each round costs a quarter to play. Quarters will be available to exchange with bills.

Super Bingo

Tuesday, April 30th at 3 p.m. (AR)

Rosary at The Windsor

Wednesdays at 10:30 a.m. (Private Dining Room) Join volunteers from Our Lady of the Valley Catholic Church in a traditional Catholic devotion and fellowship in the Private Dining Room every Wednesday at 10:30 a.m.



Shelly's Beauty Bar at The Windsor

To schedule an appointment with Shelly please call (970) 388-1144. Please leave a message if necessary.

Salon Menu

Women's Haircut - \$25 Men's Haircut - \$20 Blow Dry, Iron Curl - \$25 Shampoo & Set (rollers) - \$25 Shampoo & Blow Dry - \$15 Hairstyle Touch Up - \$15 Perm - \$55/\$75/\$95 Color - \$50/\$70/\$90 Manicure - \$24/\$20 without polish Polish Change - \$15 Fingernail Trim & File - \$10 Pedicure - \$35/\$30 without polish Toenail Clip & File - \$15 Make Up - \$25 Bang Trim - \$10 Beard Trim - \$5

Please note that all visitors ntering The Windsor will be asked to sign in at the Front Desk.

TED Talks

Thursdays 11th, 18th, 25th at 11:00 a.m. (AR) This month's topics are: "The Benefits of Music," "Music and Emotion through Time," and "A Theory of Everything." Chuck, a resident of The Windsor, has volunteered to lead the discussion on what the TED Talk meant to you.

Brain Talk/Blue Zone by Chuck

Thursday, April 4th at 11:00 a.m. (AR) Learn how to keep your brain as healthy as possible! Chuck, a resident at The Windsor, will lead the discussion.

Musical Acts: Fridays at 3PM (DR)

Kendra's Musical Performance on April 5th.

Kendra will have her new April sing-along music sheets to share with us. She does a great job explaining the songs and picking music that makes us remember the good ol' days.

Sound Affects Musical Performance on April 12th.

New Horizon's Bell Choir, on April 19th.

Come and enjoy this group, as they share their love for the good old-fashioned bells.

Sound Affects Musical Performance on April 22nd.

Sound Affects lines up a variety of artists so we can meet new people and performers. They are a non-profit group that fundraises so we can have the opportunity to have entertainment for a fraction of the cost. Thank you, Sound Affects! We appreciate vou!

Pool and Shuffleboard at The Windsor!!

Do you like to play pool or shuffleboard? The Windsor residents would like to invite you to play with them. Join us in **The** Lounge on April 1st, 15th, 22nd, and 29th (see times below).

Shuffleboard - 11AM

Pool – *3PM*

April Dates and Holidays

Mark your calendars with some of these dates and celebratory national days!

- April 1: April Fool's Day!
- April 1: Jan Dragoo's Birthday
- April 6: International Pillow Fight Day
- April 12: Karen Belyea's Birthday
- April 15: Tax Day
- April 22: Earth Day
- April 23-30: Passover
- April 26: Arbor Day

Tenant Showcase

If you are interested in sharing a short story, picture, poem, recipe, etc. in a future newsletter, please contact Anna. We would love to feature our patio home tenants and learn about your talents. Contributions to the newsletter should be sent to Anna no later than the 20th of the month prior.

Dining at The Windsor

The Windsor welcomes guests who are fully vaccinated for meals! All guests need to check in at the front desk upon entry to The Windsor. Please indicate a time for your reservation.

Meal Times

- Breakfast
- 7:00 a.m. 9:00 a.m.
- Dinner 5:00 p.m. - 6:15 p.m.

Pricing & Reservations

- Breakfast \$10 reservations required by 6:00 p.m. the evening before.
- Dinner \$15 reservations required by noon, please indicate time when you make the reservation.
- Guests are limited.

• For groups larger than 5, we will place them in the private Would you like to have your blood pressure checked on a dining room, and we ask for a reservation 2 weeks ahead of regular basis? We have a nurse from Columbine Poudre time. Home Care who comes once a month.

- Meals can be paid by cash/check at the front desk prior to the meal or can be billed to monthly rent.
- Reservations can be made by calling the front desk.
- As a reminder, we do not accept tips.

Trash & Recycling Schedule

- Thursday, April 4 Trash & Recycling
- Thursday, April 11 Trash Only
- Thursday, April 18 Trash & Recycling
- Thursday, April 25 Trash Only

Trash and recycling should be out on the curb no later than 7:00 a.m. to ensure pick up.

Contact Anna if you need a 2024 Trash & Recycling Calendar or Recycling Guide.

Bloom at Home (Non-Medical Home Care)

Bloom at Home offers are variety of personal care and companionship services. Examples of services include bathroom assistance, medication reminders, transfer assistance, pet care, running errands, laundry assistance, meal planning, light housekeeping, etc. For additional questions about Bloom at Home services and pricing, please call 970-482-5096.

Foot and Toenail Clinic at The Windsor

Monday, April 1st, 2:30 p.m. - 4:30 p.m. Merrie D'Urbano RN will be coming to provide a 30-minute podiatry appointment for \$40. She will provide a foot and skin assessment with a soothing foot soak in warm soapy water. Nail trimming, cuticle care, callus buffing, corn and fungus reduction and a relaxing foot massage are all provided. Nail polish will not be applied. Please sign up by contacting The Windsor front desk.

Audiologist Visits

Monday, April 1st at 12:30 - 1:30PM (PDR) Mariela Chavira AD of The Hearing Place will be providing a hearing care clinic. Complimentary services include hearing aid checks, cleanings, and wax removal. Appointments are on a first come first serve basis. (must sign up)

Blood Pressure Clinic

Friday, April 5th at 1:00 p.m. (PDR)

Sales Corner

Welcome to the Sales Corner! This new feature is a space to advertise items for sale. Parameters: gently used items, will only advertise an item once, and belongings of tenants only (not relatives or friends). Please submit items by the 20th of the month.

Around Town:

Clearview Library

720 3rd Street, Windsor CO 80550 970-686-5602 https://clearviewlibrary.org/

The Clearview Library is an excellent resource not only for books but also community events. They put on events such as trivia nights, wine tasting, craft classes, lectures and more. A list of their upcoming events in and around town can be found on their website.

Windsor Recreation Center

250 11th St, Windsor, CO 80550 (970) 674-3500

https://www.recreationliveshere.com/163/Active-Adults The Windsor Recreation Center is home to The Active Adult Program which provides activities, excursions, day trips and special events for the older adults in the community. Please check their publication "Pelican Perch" for a complete list of events available. Senior groups are welcome in the Active Adult Lounge. They also are home to The Friendly Fork Café, which serves lunch Monday through Friday. Reservations are required. Please check their website or call for details.

Snow Removal Reminder

Refer to the Handbook