



# Happenings

APRIL 2024



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## CHICKS ARE HATCHING!

April showers bring May flowers... and chickens? Get ready for our chick hatch somewhere between April 8-10th. We have seven eggs incubating in the activity room, come check them out and learn about the process of hatching chicks!

big day, **Thursday, April 18** from 1:00 p.m. – 4:00 p.m. in the activity room. Anything left at the end of the day goes to donation.

## LITERARY LADIES

If you like books, you may want to check out our “Literary Ladies” reading club April 1st and 22nd at 2:00 p.m. in the activity room. We will be exploring short stories this month.

## OUTINGS AND SIGN-UP'S

*Don't forget to sign up early for Outings or Massage Therapy in the binder on the Information Table just outside of the Activities Room!*

### Take Out Tuesday

This month we are ordering Chik-Fil-A on Tuesday, April 9th. Menus will be distributed. **Please give your order to Kimberly no later than Monday, April 8.** She will then let you know how much your order will cost with tax. If you decide not to order, your regular lunch will still be served in the Dining Room.

## TIME FOR SPRING CLEANING!

What better way than to have a Spring Fling Swap Meet? Spring cleaning will take place **Thursday, April 4** and **Thursday, April 11.** Kimberly and your PCP's will be collecting your swap meet items in preparation for the

### Lunch Outing Day is Tuesday, April 16.

This month we will be going to Cracker Barrel. A menu will be



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>All activities are subject to change.</b></p>	<p><b>1</b>  <b>9:30 a.m.</b> Exercise with Weights (AR)  <b>10:30 a.m.</b> Crosswords (AR)  <b>2:00 p.m.</b> Literary Ladies formerly known as Book Club (AR)  <b>3:00 p.m.</b> Left, Right, Center – Bring Dimes (DR)</p>	<p><b>2</b>  <b>9:30 a.m.</b> Morning Exercise (AR)  <b>10:30 a.m.</b> Conversations with Kimberly (AR)  <b>2:00 p.m.</b> Bingo (DR)  <b>3:15 p.m.</b> Wii Bowling (AR)</p>	<p><b>3 Chaplain On-Site</b>  <b>9:30 a.m. Catholic Rosary</b>  <b>9:30 a.m.</b> Exercise with Weights (AR)  <b>10:30 a.m.</b> Bible Study with Peter (AR)  <b>2:00 p.m.</b> Jeopardy (AR)  <b>3:00 p.m.</b> Movie Matinee: Adventures in Traveling: Scandinavia</p>	<p><b>4 Massage Therapist On-Site</b>  <b>9:30 a.m.</b> Chair Yoga (AR)  <b>10:45 a.m.</b> Wii Bowling (AR)  <b>1:00 p.m.</b> Devorah the Comfort Dog (AR)  <b>2:00 p.m.</b> Bingo (DR)  <b>3:15 p.m.</b> Spring Fling Clean Out!</p>	<p><b>5</b>  <b>9:30 a.m.</b> Exercise with Airballs (AR)  <b>10:30 a.m. In Memoriam (Courtyard)</b>  <b>2:30 p.m. Music by Sound Affects and Happy Hour (ADR)</b></p>	<p><b>6</b>  <b>9:30am</b> Exercise (AR)  <b>10:30am</b> Wii Bowling (AR)  <b>2:00pm</b> Bingo (DR)  <b>3:30pm</b> Coloring Club (AR)</p>
	<p><b>7</b>  <b>9:00 a.m.</b> Sunday Stretch (AR)  <b>9:30 a.m. Catholic Communion (PDR)</b>  <b>10:30 a.m.</b> Crafting with Jordan (AR)  <b>10:30-12:00 p.m.</b> Glasses Cleaned at Front Desk  <b>1:30 p.m. Worship Service (DR)</b>  <b>2:00 p.m.</b> Sunday Social (DR)  <b>3:15 p.m.</b> Open Games (AR)</p>	<p><b>8</b>  <b>9:30 a.m.</b> Exercise with Weights (AR)  <b>10:30 a.m.</b> Crosswords (AR)  <b>2:00 p.m.</b> Resident Council (DR)  <b>3:00 p.m.</b> Left, Right, Center – Bring Dimes (DR)</p>	<p><b>9</b>  <b>9:30 a.m.</b> Morning Exercise (AR)  <b>10:30 a.m.</b> Garden Club  <b>11:30 a.m.</b> Take Out Tuesday Chick Fil A  <b>2:00 p.m.</b> Bingo (DR)  <b>3:15 p.m.</b> Rummikub (DR)  <b>3:15 p.m.</b> Wii Bowling (AR)</p>	<p><b>10 Chaplain On-Site</b>  <b>9:30 a.m. Catholic Rosary</b>  <b>9:30 a.m.</b> Exercise with Weights (AR)  <b>10:30 a.m.</b> Bible Study with Peter (AR)  <b>2:00 p.m.</b> Jeopardy (AR)  <b>2:45 p.m.</b> Movie Matinee: Western/ Action/Comedy “Shanghai Noon” (AR)</p>	<p><b>11 Massage Therapist On-Site</b>  <b>10:00 a.m.</b> Exercise with Dana (AR)  <b>10:45 a.m.</b> Wii Bowling (AR)  <b>1:30 p.m. Clearview Library (AR)</b>  <b>2:00 p.m.</b> Bingo (DR)  <b>3:15 p.m.</b> Spring Fling Clean Out!</p>	<p><b>12</b>  <b>9:30 a.m.</b> Exercise with Airballs (AR)  <b>10:30 a.m.</b> Crosswords (AR)  <b>1:00 p.m. Art Therapy with Kate (AR)</b>  <b>2:30 p.m. Music by Sound Affects and Happy Hour (SDR)</b></p>
<p><b>14</b>  <b>9:00 a.m.</b> Sunday Stretch (AR)  <b>9:30 a.m. Catholic Communion (PDR)</b>  <b>10:30 a.m.</b> Crafting with Jordan (AR)  <b>10:30 a.m. - 12:00 p.m.</b> Glasses Cleaned at Front Desk  <b>1:15 p.m. Windsor Playhouse “California Suite”</b>  <b>1:30 p.m. Worship Service (DR)</b>  <b>2:00 p.m.</b> Sunday Social (DR)</p>	<p><b>15</b>  <b>9:30 a.m.</b> Exercise with Weights (AR)  <b>10:30 a.m.</b> Crosswords (AR)  <b>2:00 p.m.</b> Resident Council (DR)  <b>3:00 p.m.</b> Blackjack (AR)</p>	<p><b>16</b>  <b>8:30 a.m. Walmart Outing</b>  <b>9:00 a.m.</b> Chair Yoga (AR)  <b>10:30 a.m.</b> Crafting with Jordan  <b>2:00 p.m.</b> Bingo (DR)  <b>3:30 p.m.</b> Skip Bo (DR)</p>	<p><b>17 Chaplain On-Site</b>  <b>9:30 a.m. Catholic Rosary</b>  <b>9:30 a.m.</b> Exercise with Weights (AR)  <b>10:00 a.m.</b> Bible Study with Peter (AR)  <b>1:00 p.m.</b> Charis the Therapy Dog  <b>2:00 p.m.</b> Jeopardy (AR)</p>	<p><b>18 Massage Therapist On-Site</b>  <b>9:30 a.m.</b> Chair Yoga (AR)  <b>10:30 a.m.</b> Wii Bowling (AR)  <b>1 p.m. - 4 p.m. SPRING FLING SWAP MEET (AR)</b>  <b>2:00 p.m.</b> Bingo (DR)</p>	<p><b>19</b>  <b>9:30 a.m.</b> Exercise with Airballs (AR)  <b>10:30 a.m.</b> Crosswords (AR)  <b>2:30 p.m. Entertainment and Happy Hour with Mo and Cindy Uno, Dos!</b></p>	<p><b>20</b>  <b>9:30 a.m.</b> Exercise (AR)  <b>10:30 a.m.</b> Wii Bowling (AR)  <b>2:00 p.m.</b> Bingo (DR)  <b>3:30 p.m.</b> Coloring Club (AR)</p>
<p><b>21</b>  <b>9:00 a.m.</b> Sunday Stretch (AR)  <b>9:30 a.m. Catholic Communion (PDR)</b>  <b>10:30 a.m.</b> Crafting with Jordan (AR)  <b>10:30 a.m. - 12:00 p.m.</b> Glasses Cleaned at Front Desk  <b>1:30 p.m. Worship Service (DR)</b>  <b>2:00 p.m.</b> Sunday Social  <b>3:15 p.m.</b> Open Games (AR)</p>	<p><b>22 Passover Begins</b>  <b>9:30 a.m.</b> Exercise with Weights (AR)  <b>10:30 a.m.</b> Crosswords (AR)  <b>2:00 p.m.</b> Literary Ladies (AR)  <b>3:00 p.m.</b> Blackjack (AR)</p>	<p><b>23</b>  <b>9:30 a.m.</b> Morning Exercise (AR)  <b>10:30 a.m.</b> Conversations with Kimberly (AR)  <b>11:30 a.m. Lunch Outing to Cracker Barrel</b>  <b>2:00 p.m.</b> Bingo (DR)  <b>3:15 p.m.</b> Apples to Apples (DR)  <b>3:15 p.m.</b> Wii Bowling (AR)</p>	<p><b>24 Chaplain On-Site</b>  <b>9:30 a.m. Catholic Rosary</b>  <b>9:30 a.m.</b> Exercise with Weights (AR)  <b>10:00a.m.</b> Bible Study with Peter (AR)  <b>2:00 p.m.</b> Jeopardy (AR)</p>	<p><b>25 Massage Therapist On-Site</b>  <b>9:30 a.m.</b> Chair Yoga (AR)  <b>10:30 a.m.</b> Wii Bowling (AR)  <b>1:30 p.m. Clearview Library (AR)</b>  <b>2:00 p.m.</b> Bingo (DR)</p>	<p><b>26</b>  <b>9:30 a.m.</b> Exercise with Airballs (AR)  <b>10:30 a.m.</b> Crosswords (AR)  <b>1:30 p.m. Entertainment &amp; Happy Hour with Kendra (SDR)</b></p>	<p><b>27</b>  <b>9:30 a.m.</b> Exercise (AR)  <b>10:30 a.m.</b> Wii Bowling (AR)  <b>2:00 p.m.</b> Quarter Bingo (DR)  <b>3:30 p.m.</b> Coloring Club (AR)</p>
<p><b>28</b>  <b>9:00 a.m.</b> Sunday Stretch (AR)  <b>9:30 a.m. Catholic Communion (PDR)</b>  <b>10:30 a.m. - 12:00 p.m.</b> Glasses Cleaned at Front Desk  <b>1:30 p.m. Worship Service (DR)</b>  <b>2:00 p.m.</b> Sunday Social (DR)</p>	<p><b>29</b>  <b>9:30 a.m.</b> Exercise with Weights (AR)  <b>10:30 a.m.</b> Crosswords (AR)  <b>2:00 p.m.</b> Literary Ladies (AR)  <b>3:00 p.m.</b> Left, Right, Center – Bring Dimes (DR)</p>	<p><b>30 Passover Ends</b></p>	<p><b>Green - Outings</b>  <b>Blue - Entertainment</b>  <b>Orange - Special Activity</b></p> <p><b>Columbine Commons Assisted Living</b></p> <p><b>April</b></p>			





### SHELLY'S BEAUTY BAR

Shelly's Beauty Bar is open Tuesday – Friday, 9:00 a.m. – 3:00 p.m. To schedule an appointment with Shelly, please call (970) 388-1144 or speak with a staff member. Prices are listed below.

### SERVICES

Women's Haircut - \$25

Men's Haircut - \$20

Blowdry / Iron Curl - \$25

Shampoo & Set (rollers) - \$25

Shampoo & Blowdry - \$15

Hairstyle Touchup - \$15

Perm - \$55, \$75, \$95

Color - \$50, \$70, \$90

Manicure - \$24 (\$20 without polish)

Polish Change - \$15

Fingernail Trim & File - \$10

Pedicure - \$35 (\$30 without polish)

Toenail Clip & File - \$15

Bang Trim - \$10

Beard Trim - \$5

Makeup - \$25

available to look over. Be sure to sign up early for this one to save your spot!

### **Walmart Outing is Tuesday, April 23.**

Sign up early! First come first serve, but we can add you to the waitlist.

Be sure to sign up for our Sunday, April 14th matinee showing of Neil Simon's "California Suite" playing at the Windsor Community Playhouse.

## **RESIDENTS CELEBRATING BIRTHDAYS THIS MONTH**

### **HAPPY BIRTHDAY TO:**

Ken Stafford

### **Sunday Worship Service**

Community volunteers will hold a worship service at **1:30 p.m. every Sunday** in the Assisted Living Dining Room.

### **Clearview Library Book Checkout**

The Clearview Library will be here the 2nd and 4th Thursday of each month. The books will be brought into the Activity Room. If you are interested in joining this service, please let Kimberly know.

### **Massage Therapy and Foot Reflexology**

Diane Thomas LMT is here every

Thursday for your relaxation therapy. Get a full body massage, neck and shoulders, or enjoy Foot or Hand Spa Reflexology - a comforting light pressure therapy massage to the feet and or hands. With compression massage to arms and hands. Only shoes and socks are removed.

Performed in your bed or in a recliner. Essential oils and your choice of music are available. Prices are: 30 minutes = \$40, 45 minutes = \$55, 1 hour = \$70. Take advantage of this great price and in-home service. Sign up in the binder or with Kimberly 48 hours in advance for service. (NOTE: There is a \$10.00 charge for no shows unless medically necessary. Give us a 24-hour notice... no charge will be added)



*Gene got his Irish on at our St. Paddy's Day Party!*



*Our residents really enjoyed watching the McTeggart School of Irish dance perform, as well as meeting with the dancers afterwards.*