



Visitor Guidance

effective 01/4/2022

HELP US DECREASE THE RISK OF TRANSMITTING COVID-19

- ▶ Must be screened and perform hand hygiene at the building entry. You may be asked to wear a sticker for proof of screening.
- ▶ Wear a well fitting mask throughout the visit (required in communal areas and when around others). Please note: Engaging in close contact with your loved one and not wearing a face covering increases the risk of transmitting COVID-19. The facility can provide a well fitting mask as needed.
- ▶ Must show proof of fully vaccinated status to participate in activities, dining, and outings as space allows and need to remain physically distanced from other residents and staff. Visitors must wear a mask when in communal areas, except when eating or drinking which may only be done in a facility approved location.
- ▶ Visitor(s) and resident must limit visiting other residents and going throughout the facility. Limit surfaces touched and physically distance from others.
- ▶ Outdoor visits are always preferred, weather permitting. If visiting outside, please proceed directly to the outdoor visitation area. You may also visit in the resident's room. If the room is shared:
 - It is preferable that the visit occurs when the roommate is not present. If the roommate or other visitors are present, ensure masking and physical distancing are maintained. The facility will notify you if the visit should occur in a designated visitation area.
- ▶ If you develop symptoms or test positive for COVID-19 within the 14 days following your visit, please let the facility know so that appropriate measures can be implemented.

COVID-19 INFORMATION

- COVID-19 is a contagious respiratory disease caused by a new coronavirus discovered in 2019 called SARS-CoV-2.
- Person to person contact is thought to be the main way COVID-19 spreads. This occurs through respiratory droplets that are produced when an infected person coughs, sneezes, or talks.
- Illness varies among individuals. Some may show no symptoms while others have severe illness. Our residents are at a higher risk for severe illness which may lead to death. This is why the facility has strict infection control requirements.
- Symptoms may appear 2-14 days after exposure to the virus and may consist of: fever (>100F) or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, diarrhea*
- Individuals may be contagious even before symptoms begin. Refer to the CDC for information on COVID-19, including isolation and quarantine recommendations.
- We are dedicated to protecting our residents and staff and that is why all individuals who enter and reside in the building must be screened, tested (when applicable), wear a mask, practice social distancing, perform hand hygiene, and follow additional infection control requirements. We also encourage everyone to get vaccinated against COVID-19.
- We recommend that you quarantine for 14 days prior to arrival. **We also recommend that you get vaccinated and boosted against COVID-19** and provide proof of such records to the facility. You must also monitor for symptoms.

****If you have had any of the above symptoms within 14 days of the visit, have tested positive and have not met criteria to discontinue isolation, or have had recent contact that requires quarantine, your visit must be canceled for the safety of your loved one and others.***

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 - Cough
 - Shortness of breath or difficulty breathing
 - Fatigue
 - Muscle or body aches
 - Headache
 - New loss of taste or smell
 - Sore throat
 - Congestion or runny nose
 - Nausea or vomiting
 - Diarrhea
 - Individuals may be contagious even before symptoms begin and remain contagious for up to 20 days after.
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 - We recommend that you quarantine for 14 days prior to arrival. We also recommend that you get vaccinated against COVID-19 and provide proof of such records to the facility. You must also monitor for symptoms.
- * If you had any of the above symptoms within 14 days of the visit, or had contact with someone who has symptoms or COVID-19, your visit must be canceled for the safety of your loved one and others.*