



Happenings



APRIL 2024

815 Centre Avenue
Fort Collins, CO
970-494-2140

ADMINISTRATOR

Clinton Dale

DIRECTOR OF NURSING

Jordyn Pim

OFFICE MANAGER

Yesica Rodriguez

ACTIVITY DIRECTOR

Elizabeth Bringhurst

ADMISSIONS DIRECTOR

Christine Vandenhoff

REGISTERED DIETICIAN

Tina Jones

ENVIRONMENTAL SERVICES

Angelica Breidert

RESIDENT COUNCIL PRESIDENT

Harold Lindell

OMBUDSMAN

Kara Marang
(970) 498-7771



Residents enjoy the Spring Equinox outside with Popsicles and Springtime Trivia!

APRIL FOOLS' JOKES

April Fools' Day is the day to trust nothing you see in the news! If you're running low on whoopie cushions to prank your peers with on April 1st, feel free to share some of these jokes with them.

Why was everyone so tired on April 1st?

Because they just finished a long 31-day March.

Did you hear about the guy who swapped the labels on the pumps at the gas station?

It was an April Fools' joke.

What's one bone a prankster doesn't want to break on April Fools' Day?

The humerus.

When shouldn't you plant spring flowers?

When you haven't botany.

Why don't eggs play April Fools' pranks?

They might crack each other up.

EASTER AT CENTRE AVE

Residents did a number of Easter crafts throughout the month, and had a special church service followed by an Easter Egg Hunt for children on Easter Sunday. We will feature pictures from the Egg Hunt in May's Newsletter!



Sunday	Monday	Tuesday	Wednesday
<p style="text-align: center; font-size: 2em; font-weight: bold;">All activities are subject to change.</p>	<p style="text-align: center; font-size: 1.5em; font-weight: bold;">1 April Fools' Day!</p> <p>9:00 a.m. Morning News 9:30 a.m. Stretch and Strengthen 10:30 a.m. Aromatherapy (1st Floor) 10:30 a.m. Activity Department Spring Cleaning 2:00 p.m. Comedy Social Hour</p>	<p style="text-align: center; font-size: 1.5em; font-weight: bold;">2</p> <p>9:00 a.m. Morning News 9:30 a.m. Stretch and Energize 10:30 a.m. Bingo 1:30 p.m. Pet Therapy (1st Floor) 1:30 p.m. Brain Games/Trivia Packets 2:00 p.m. Manicures (LTC) 6:00 p.m. Karaoke Night with Vanessa and Lizzy!</p>	<p style="text-align: center; font-size: 1.5em; font-weight: bold;">3</p> <p>9:00 a.m. Morning News 9:30 a.m. Chair Yoga 10:30 a.m. Real Talk 10:30 a.m. Pet Therapy 1:30 p.m. Henna Art Appreciation 3:00 p.m. Pet Therapy</p>
<p style="text-align: center; font-size: 1.5em; font-weight: bold;">7</p> <p>9:00 a.m. Morning News 9:30 a.m. Stretch and Strengthen 10:30 a.m. Sunday Service 1:00 p.m. Book Cart (1st Floor) 2:00 p.m. Painting Club/Open Rec</p>	<p style="text-align: center; font-size: 1.5em; font-weight: bold;">8</p> <p>9:00 a.m. Morning News 9:30 a.m. Stretch and Strengthen 10:30 a.m. Bible Study with Peter 10:30 a.m. Aromatherapy (1st Floor) 2:15 p.m. Happy Hour with music by Marc Friedland 6:00 p.m. Movie Night: The Passion of the Christ</p>	<p style="text-align: center; font-size: 1.5em; font-weight: bold;">9</p> <p>9:00 a.m. Morning News 9:30 a.m. Stretch and Energize 10:30 a.m. Bingo 1:30 p.m. Pet Therapy (1st Floor) 1:30 p.m. Brain Games/Trivia Packets 2:00 p.m. Manicures (LTC)</p>	<p style="text-align: center; font-size: 1.5em; font-weight: bold;">10</p> <p>9:00 a.m. Morning News 9:30 a.m. Chair Yoga 10:30 a.m. Real Talk 10:30 a.m. Pet Therapy 2:30 p.m. Ice Cream Social with music by Josh Long 3:00 p.m. Pet Therapy</p>
<p style="text-align: center; font-size: 1.5em; font-weight: bold;">14</p> <p>9:00 a.m. Morning News 9:30 a.m. Stretch and Strengthen 10:30 a.m. Sunday Service 1:00 p.m. Book Cart (1st Floor) 2:00 p.m. Boba Tea Social with fortune cookies</p>	<p style="text-align: center; font-size: 1.5em; font-weight: bold;">15</p> <p>9:00 a.m. Morning News 9:30 a.m. Stretch and Strengthen 10:30 a.m. Bible Study with Peter 10:30 a.m. Aromatherapy 11:45 a.m. Fast Food Lunch in the Activities Room (Reserve Ahead of Time) 6:00 p.m. Movie Night: Grease 2!</p>	<p style="text-align: center; font-size: 1.5em; font-weight: bold;">16</p> <p>9:00 a.m. Morning News 9:30 a.m. Stretch and Energize 10:30 a.m. Bingo 1:30 p.m. Pet Therapy (1st Floor) 1:30 p.m. Brain Games/Trivia Packets 2:00 p.m. Manicures (LTC)</p>	<p style="text-align: center; font-size: 1.5em; font-weight: bold;">17</p> <p>9:00 a.m. Morning News 9:30 a.m. Chair Yoga 10:30 a.m. Real Talk 10:30 a.m. Pet Therapy 10:30 a.m. Scenic Drive 1:30 p.m. Painting 3:00 p.m. Pet Therapy</p>
<p style="text-align: center; font-size: 1.5em; font-weight: bold;">21</p> <p>9:00 a.m. Morning News 9:30 a.m. Stretch and Strengthen 10:30 a.m. Sunday Service 1:00 p.m. Book Cart (1st Floor) 2:00 p.m. Earth Day Trivia and Treat Social</p>	<p style="text-align: center; font-size: 1.5em; font-weight: bold;">22 Passover Begins Earth Day</p> <p>9:00 a.m. Morning News 9:30 a.m. Stretch and Strengthen 10:30 a.m. Aromatherapy 10:30 a.m. Communion with Peter 2:30 p.m. Happy Hour with music by Josh Long 6:00 p.m. Movie Night: March of the Penguins</p>	<p style="text-align: center; font-size: 1.5em; font-weight: bold;">23</p> <p>9:00 a.m. Morning News 9:30 a.m. Stretch and Energize 10:30 a.m. Bingo 1:30 p.m. Pet Therapy (1st Floor) 1:30 p.m. Brain Games/Trivia Packets 2:00 p.m. Manicures (LTC)</p>	<p style="text-align: center; font-size: 1.5em; font-weight: bold;">24</p> <p>9:00 a.m. Morning News 9:30 a.m. Chair Yoga 10:30 a.m. Real Talk 10:30 a.m. Pet Therapy 2:30 p.m. Ice Cream Social with Sydney 3:00 p.m. Pet Therapy</p>
<p style="text-align: center; font-size: 1.5em; font-weight: bold;">28</p> <p>9:00 a.m. Morning News 9:30 a.m. Stretch and Strengthen 10:30 a.m. Sunday Service 1:00 p.m. Book Cart (1st Floor) 2:00 p.m. Afternoon Games and ice cream sandwiches</p>	<p style="text-align: center; font-size: 1.5em; font-weight: bold;">29</p> <p>9:00 a.m. Morning News 9:30 a.m. Stretch and Strengthen 10:30 a.m. Spirituality Seminar Group 2:00 p.m. Outdoor Wheelchair Walks (1st Floor) 6:00 p.m. Movie Night: The Five People You Meet in Heaven</p>	<p style="text-align: center; font-size: 1.5em; font-weight: bold;">30 Passover Ends</p> <p>9:00 a.m. Morning News 9:30 a.m. Stretch and Energize 10:30 a.m. Bingo 1:30 p.m. Pet Therapy (1st Floor) 1:30 p.m. Brain Games/Trivia Packets 2:00 p.m. Manicures (LTC) 4:30 p.m. Dinner Music with Donna (2nd Floor)</p>	

Wednesday	Thursday	Friday	Saturday
<p>News</p> <p>ca</p> <p>k</p> <p>rapy (2nd Floor)</p> <p>t and Cultural</p> <p>th Eleshba!</p> <p>rapy (1st Floor)</p>	<p>4</p> <p>9:00 a.m. Morning News</p> <p>9:30 a.m. Stretch and Energize</p> <p>10:30 a.m. Painting Club</p> <p>1:30 p.m. Outdoor Wheelchair Walks (1st Floor)</p> <p>3:00 p.m. 1:1 Visits</p>	<p>5</p> <p>9:00 a.m. Morning News</p> <p>9:30 a.m. Stretch and Energize</p> <p>10:15 a.m. Sing-along with Kendra Hansen</p> <p>1:30 p.m. Rosary Prayer Group</p> <p>2:30 p.m. Book Club</p> <p>3:00 p.m. Book Cart (2nd Floor)</p>	<p>6</p> <p>9:00 a.m. Morning News</p> <p>9:30 a.m. Stretch and Strengthen</p> <p>10:30 a.m. Bingo</p> <p>2:00 p.m. Outdoor Wheelchair Walks (2nd Floor)</p>
<p>News</p> <p>ca</p> <p>k</p> <p>rapy (2nd Floor)</p> <p>n Social with</p> <p>long</p> <p>rapy (1st Floor)</p>	<p>11</p> <p>9:00 a.m. Morning News</p> <p>9:30 a.m. Stretch and Energize</p> <p>10:30 a.m. Resident Council</p> <p>1:30 p.m. Creative Arts</p> <p>2:00 p.m. Pet Therapy (2nd Floor)</p>	<p>12</p> <p>9:00 a.m. Morning News</p> <p>9:30 a.m. Stretch and Energize</p> <p>10:45 a.m. Music with Mo</p> <p>2:00 p.m. Book Club</p> <p>3:00 p.m. Book Cart (2nd Floor)</p>	<p>13</p> <p>9:00 a.m. Morning News</p> <p>9:30 a.m. Stretch and Strengthen</p> <p>10:30 a.m. Bingo</p> <p>2:00 p.m. Outdoor Wheelchair Walks (2nd Floor)</p>
<p>News</p> <p>ca</p> <p>k</p> <p>rapy (2nd Floor)</p> <p>Drive (LTC)</p> <p>Club/Creative Arts</p> <p>rapy (1st Floor)</p>	<p>18</p> <p>9:00 a.m. Morning News</p> <p>9:30 a.m. Stretch and Energize</p> <p>10:30 a.m. Music with Susan</p> <p>1:30 p.m. Outdoor Wheelchair Walks (1st Floor)</p> <p>2:00 p.m. Pet Therapy (1st Floor)</p> <p>3:00 p.m. 1:1 Visits</p>	<p>19</p> <p>9:00 a.m. Morning News</p> <p>9:30 a.m. Stretch and Energize</p> <p>10:30 a.m. Earth Day Creative Arts: Garden Rocks!</p> <p>2:00 p.m. Book Club</p> <p>3:00 p.m. Book Cart (2nd Floor)</p>	<p>20</p> <p>9:00 a.m. Morning News</p> <p>9:30 a.m. Stretch and Strengthen</p> <p>10:30 a.m. Bingo</p> <p>2:00 p.m. Outdoor Wheelchair Walks (2nd Floor)</p>
<p>News</p> <p>ca</p> <p>k</p> <p>rapy (2nd Floor)</p> <p>n Social with</p> <p>ney</p> <p>rapy (1st Floor)</p>	<p>25</p> <p>9:00 a.m. Morning News</p> <p>9:30 a.m. Catholic Mass</p> <p>10:45 a.m. Stretch and Energize</p> <p>1:30 p.m. Creative Arts: Keychain Making</p> <p>2:30 p.m. Shopping Outing at the Arc (LTC)</p>	<p>26</p> <p>9:00 a.m. Morning News</p> <p>9:30 a.m. Stretch and Energize</p> <p>10:30 a.m. Book Club</p> <p>2:00 p.m. Sing-along with Uno, Dos, Tracz</p> <p>3:00 p.m. Book Cart (2nd Floor)</p>	<p>27</p> <p>9:00 a.m. Morning News</p> <p>9:30 a.m. Stretch and Strengthen</p> <p>10:30 a.m. Bingo</p> <p>2:00 p.m. Outdoor Wheelchair Walks (2nd Floor)</p>

Centre Avenue
Health & Rehab Facility

Contact the Activities Department at Ext. 531
LTC = Long Term Care Residents

April

AN AFTERNOON AT THE MUSEUM

Residents enjoyed touring the “Global Villages Museum” for the first time, where we saw artifacts from around the world as well as a temporary exhibit including different collections from people around town. Locals here collect everything from miniatures, woven bowls, upcycled art, thimbles, decorative combs, and even uranium glass pieces from the 1800’s!

APRIL MOVIE MADNESS

The theme to this month’s movies are “Resident Requests!” Please see the calendar for our Monday Night movie selections.

KARAOKE NIGHT!

Vanessa, one of our most energetic CNA’s, suggested doing a Karaoke Night! Come sing, dance, and laugh with her and our Activities Director, Lizzy, after dinner on April 2nd. A disco ball may be involved.

EARTH DAY AT CENTRE

We will be painting some garden rocks to decorate our outdoor area with, and watching a Nature Documentary for our movie on Earth Day. Look forward to our Garden Club officially resuming in May! We will be planting more tomatoes, which were a huge hit last year, in addition to pollinator-friendly flowers. We will also be filling feeders with hummingbird nectar and seed to help our little avian friends!



Centre Residents got creative with their balloon volleyball game. Bet you’ve never seen anyone use their feet in Volleyball!



Linda, Gracie, and Leeann take a break from their Easter crafts to pose for a picture with their new bunny ears!



Residents loved the tour of the artifacts at the Global Villages Museum!